



Name			Family Name	
E-mail	(the one you check most frequently while in Japan)		Country of Residence	
Emergency Contact	Name:		TEL:	
			Email:	
Uniform Size	Please refer to the size chart on the attached sheet for sizing information. <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra Large (LL) <input type="checkbox"/> 2XL (3L) <input type="checkbox"/> 3XL (4L) <input type="checkbox"/> 4XL (5L)			
Hat size	Please refer to the size chart on the attached sheet for sizing information. <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra Large (LL)			
Prominent Hand	<input type="checkbox"/> right-handed <input type="checkbox"/> left-handed			
Allergies	<p>If you have any food allergies, allergies, medical conditions such as cardiac disease, diabetes, epilepsy, chronic disease, or any other medical conditions that requires special attention, please describe in detail and attach the doctor's permission.</p> <p>I do not have any allergies an additional cost. I am allergic to,</p> <p>-----</p> <p>My medical conditions are,</p> <p>-----</p>			
English Level	<p>Native Language</p> <p>I can understand complicated sentences in English.</p> <p>I can understand daily English but am not very good with technical terms.</p> <p>I may not be able to understand English and prefer an interpreter in another language even if I pay an additional cost.</p>			
Objective	<p>If your objective is to open a restaurant, please write also: When and where you plan to open, the size of the restaurant, target customers, price range of the menu, etc.</p> <p>-----</p>			
Schools you attended in the past				
From (dd/mmm/yyyy)	to (dd/mmm/yyyy)	Name of the school(s)- Place - Major/title		
Work Experience (Please give us detailed information)				
From (dd/mmm/yyyy)	to (dd/mmm/yyyy)	Company Name/ Job Role / Responsibilities		

How many times have you been to Japan?

For what purpose?

Have you ever studied, interned, or worked in Japan in the past?

Yes

No

If yes, what kind of work?

Have you ever worked as a Japanese food cook?

Yes

No

How many years did you work there?

Which type of Japanese cuisine?

How long have you been a cook of Japanese food?

What menus were you in charge of?

Were you a chef?

Yes

No

If there is some techniques and menus you would particularly like to learn, let us know. (Not all of it will be covered.)

Are there any foods you dislike?

Are there any foods or drinks that you cannot eat or drink for religious reasons? What is it and describe the situation in detail.

What are your special favorite foods?

What is your favorite Japanese food menu?

Specific plans for your future as a cook

Purpose of taking a course at JCI

Duration of your stay in Japan

Specific destinations of your travel plans during your stay in Japan

Will you be staying or traveling with family or friends during your stay in Japan?

Yes

No

Size Chart *Units are in centimeters

Hat Size	Size	S	M	L	LL
	Head Circumference	56	58	60	62
	Height	9	9	9	9

Uniform Size (Men's)	Size	S	M	L	LL	3L	4L	5L
	Length	70	73	76	79	79	79	79
	Chest	103	107	112	117	125	135	145
	Shoulder Width	42	44	46	48	50	52	54
	Sleeve Length	54	56	58	60	60	60	60

Uniform Size (Women's)	Size	S	M	L	LL	3L	4L	5L
	Length	62	65	68	71	71	71	71
	Chest	93	98	103	108	114	124	134
	Shoulder Width	36	38	40	42	44	46	48
	Sleeve Length	49	51	53	55	55	55	55